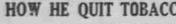
Uncle Wiggily and the Magic Bottles.





14 Years Ago Today Prom The Herald of this Date, 1903.



stage setting for his picture was be-gun before his arrival in Hollywood.

Marion Davies, whose blonds beauty adorns "Oh Boy," has written her own scenario for her advent into the movies. It is called "The White Gypsy" and tells the thrilling tale of a little white girl who is kidnaped in infancy and grows up in the environ-

SCHOOL DAYS



be married. No, just a business man of Los Angeles. His name is W. Harrison Woodruff.

DEAR MR. KABIBBLE TWENTY YEARS AGO I YOLD MY HUSBAND TO WAIT FOR ME ON THE CORNER OF 12TH AND HALSTED STREET AND I HAVEN'T SEEN HIM SINCE - WHAT DO YOU

MARSE YOU DIDNY TELL HIM WHICH CORNER?



How a wrinkled, coarse, sallow skin can be made fresh, youthful and beautiful through simple osmosis of the skin produced by warm water and roseated cream.

By Mile. Simone Mareix. France's Great Prize Beauty.

"She seemed heantiful until I saw her under the bright lights—then all the imperfections of her skin and complexion stood out so that she icoked positively ugiy"— Have you crowsfeet or pouches around your reverset or pouches around your eyes, ragging cheeks, deep lines or furrows in the forehead or about the morning wash the face with cold sixty cannot make herself look from the morning you homely and causing you to be neglected and causing you to be neglected and shunned? The following wonderful, nimple method has enabled many a wrinkled, aged-looking woman to "come back" and make herself look from the forehead and causing you to be neglected and shunned? The following wonderful, nimple method has enabled many a wrinkled, aged-looking woman to "come back" and make herself look from the following wonderful, nimple method has enabled many a wrinkled, aged-looking woman to "come back" and make herself look from the following wonderful with the products recommended in her newspaper articles or will retund the amount paid for them, provided you take your dealer's receipt at the time you make your purchase. Her American address is Simone Mareix, 20 West 22d Street, New York. Creme Tokalon Rosented and the face with the dealer's from the time the polarity fresh and guarantees in this city.

Beauty Chats - By Edna Kent Forbes

Reduction Diet.

S EVERAL readers have requested a list of foods with their caloric values. We have chatted about calories before, and what a calory is. For those who have missed these chain, we'll go back a little.

A calory is a heat unit-foods high in heat units produce fat. It lan't necessary here to go into the more elaborate definition of colories, Now, especially in war times, no one is entitled to more food that he or she needs. Those who eat more than their system requires, grow fat. Or have indigestion. The way to reduce, then, is to eat foods that while supplying the body with all the minerals and acids that it needs.

ill not produce much fiesh, or, with ods that have no a high caloric alue.

Here are foods and their caloric alues for comparison:

d ounces that roast beef. 460 calories
d ounces chicken. 215 calories
d ounces bolled cod. 38 calories
d ounces baked flounder. 76 calories
large banana. 160 calories
raw tomatoes. 160 calories
phick or cr'm soup 160 calories
plate thin soup or broth 25 calories
glass regular milk. 160 calories
glass regular milk. 160 calories
glass skimmed milk. 80 calories
lapple 70 calories
heaping teaspoon sugar 31 calories
heaping teaspoon sugar 31 calories
heap'g tab'spn ice crm. 135 calories
heap'g tab'spn ice crm. 135 calories
heap'g tab'spn ice crm. 135 calories
from this chart, the woman can
tell relative values, and what foods
to choose, as well as what to avoid.
The average man requires 2500 calories of nourishment a day, the average woman, 2000. Thin people should
eat more, and fat people, less than
this amount.

Questions and Answers.

By DWIG

HELD UNDER \$500 BOND

ON TIRE THEFT CHARGE Charged with theft over \$50, Home. charged with their over \$50, Homer Kerr and A. R. Puryear were Monday afternoon held to the grand jury under \$500 bond each by justice J. M. Deaver. They were unable to furnish bond and were committed to the county jail.

The two men were arrested Friday in an automobile by denote the offer.

The two men were arrested Friday in an automobile by deputy sheriff C. M. Litchfield, near his home at \$13 North Virginia street. According to the officer the two men were trying to take a tire casing from his Hudson supersix. A third man encaped, the deputy sheriff said.

Frank Fijerio, 1001 Newada street, identified three casings in the machine the men were driving as some belonging to his machine.

S. P. MAY HAVE TO SUSPEND BECAUSE OF OIL SHORTAGE

BECAUSE OF OIL SHORTAGE
San Francisco, Calif., June 26.—Unless the Southern Pacific can secure
larger quantities of fuel off in the
open market than has been available
heretofore, the railroad, at the present rate of consumption, can operate
only 39 days longer. W. B. Scott general manager of the company, so informed the California railroad commission at the hearing being conducted here with regard to the raquest of railroads for permission to
raise freight rates 15 percent.

Mr. Scott also told the commission
that the company had investigated
the practicability of changing the ensines of one or more divisions to coal
burners but that the plan had been
abandoned because no coal supplies
could be found.

Juice of Lemons! How to Make Skin White and Beautiful

At the cost of a small jar of ordinary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotton will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freekles, sallowness and tan, and is the ideal skin softener, smoothener and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quarter pint of this sweatly fragrant lemon lotton and massage! It daily into the face, neck arms and hands. It should naturally help to whiten, soften, freshen and bring out the roses and beauty of any skin. It is truly marvelous to smoothen rough, red hands.—Adv.

Den't weigh more than you should
it's only a matter of diet.

Fou are older and better developed.

Pesty—Send me a self addressed attamped envelope for a detailed answed.

Anxious—Have your syes examined, weak eyes often cause the sondition you describe. Otherwise, nervousness, ill health, or some slight internal complication may cause the rings and puffiness. Have your dector at least once a year, this is the best way to keep her health and looks.

Constance—Massage will help make the nums and legs fatter, but if some ment and to build up the whole body. Try drinking two quarts of milk every disy.

Perplexed—Eye strain, frowning or some slight nervous habit of the face might cause the wrinkles. Have your eyes examined, and watch yourself for the frowning habit. As a general thing, it wouldn't be proper to attend a party with one boy and come with another, it depends upon the circumstances. If the one who takes you home lives near you and the other inconveniently far away and the other inconveniently far

your stomach. Keep it strong and well. When food disa-grees with it, strengthen it with

Eczema Wash

FOR THROAT AND LUNGS

Eckman's Alterative

